

## Records fall in the Spring

By Bill Shaw

The Facts

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First of all this week, a sad note: the running community mourns the death of friend and fellow runner **Jim Jarvie**. May light perpetual shine upon him and may he rest in peace.

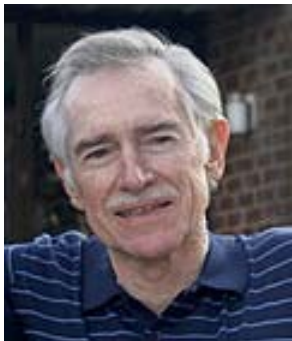
The area spring races began March 31 with the Brazosport College Gator Gallop and ended on June 2 with the Run for the Cure in West Columbia. Runners broke two overall male and three overall female records. Female masters runners (40 and over) broke three records. One male masters record fell.

Brazoswood all-state cross country runner **Lauren Smith** ran an 18:32 5K (3.1 miles) and broke the Gallop female record by 1:13. Smith also finished first overall in the Brazosport Regional Health Services 5K in 18:44 but fell 32 seconds short of the record.

Cross-country teammate **Weston Caceres** finished the Run for Jesus 5K in Danbury on April 14 in 18:09 and broke the contest record by 4:41. Caceres ran his second and best race of the spring in the BRHS 5K. He finished first overall in the male competition in 17:22, but fell short of the 15:32 mark of former Brazoswood standout Jeremy Dye, who posted the record in 1999.

Two other records fell in the Run for Jesus. **Karin Slough** finished first overall in the female competition in 25:57 and broke the record by 38 seconds. **Jeanne Schroll** finished first in the female masters competition in 30:10 to break the previous record by 21 seconds.

No records fell in the April 28 Freeport Flapjack 5K, but the West Columbia duo **Grant and Wendy Parker** finished first, respectively, in the overall male and female competition in 18:37 and 21:25.



Runners broke three of the four records in the BRHS 10K (6.2 miles) distance. Visiting South Carolinian **Charles Kutz** finished first overall in the male competition in 37:51, 5:41 better than the previous record. Houstonian **Jennifer Brown** finished first overall in the female competition in 41:21 and broke the 10K record by 34 seconds. **Kelly Colosimo** of Lake Jackson broke the female masters record she posted in last year's 10K by 29 seconds in 54:17.

**Grant and Wendy Parker** did not break the contest records but posted their second first overall male and female wins in the June 2 Run for the Cure, Grant in 18:32 and Wendy in 21:18. **Kevin Regis** of Lake Jackson and **Susan Walters** of Wallis, however, did break the male and female masters records. Regis finished in 18:53, 1:37 better than the previous record; Walters finished in 19:58, 2:07 better than the previous record.

Walters' time also stands as the contest's best for any female.

Masters runners **Robin Crouch** and **Armando Caceres**, Weston's father, deserve honorable mention. Crouch finished third overall in both the Gallop 5K and the Run for Jesus 5K with respective times of 20:48 and 21:03; he placed second and third in male masters competition in the Run for the Cure and the BRHS 5K with respective times of 19:40 and 19:42. Caceres finished first and third in the male masters competition in the Run for Jesus and the BRHS 5K, respectively, in 24:31 and 22:16.

**Rene Miles**, cyclist turned runner and triathlete, also deserves honorable mention. Miles finished second in the Gallop masters competition in 25:24 and first in the BRHS 5K masters competition in 25:09.

Congratulations to the spring races standouts and to all who participated in the contests, as well as race organizers and volunteers.

It's coming. Are you ready? The mother of all area races, the 33<sup>rd</sup> annual Firecracker 4 on Wednesday, July 4, featuring a 4-mile run, a 2-mile walk, and a BASF-sponsored non-competitive Kids Run. Register online at [www.active.com](http://www.active.com), download entry forms at [www.barrahome.net](http://www.barrahome.net), or pick up entry forms at local fitness centers. For additional information, e-mail [runwriter@sbcglobal.net](mailto:runwriter@sbcglobal.net).